



Commander Edward Metivier’s Message:

How about that great Christmas party folks? Full house, and all, but one important ingredient missing “Music.” That to me is like forgetting to put the eggs in the eggnog; I would like to make a proposal for our future Christmas parties, that during the exchange of gifts, let’s have a little sing along. Believe me it’s like putting the eggs back into the eggnog. This would be a sad world without music.

Well I left my red bucket on the gift table at the party, so I called the restaurant and they didn’t have it. I am hoping that one of our crew has it and that it will be filled with holiday suggestions for me. “Ha Ha!”

Don’t forget our pizza party at Gloria’s building in January. Gloria is just a wonderful unselfish person and I thank Ruth Coulter for introducing her to me. Thank you Ruth. All of this happened because of boating where you can meet the best people in the world regardless of nationality or religion. What matters is the pattern or example we set for ourselves to live by or to put it in another way if your compass is pointing true North, life will be so much easier for you. You will not feel challenged and therefore will have more time to help other people to learn and be successful. Lets all try to introduce one new member this year. Don’t forget all your doing is helping them to have a happy life through knowledge. Make this a “To-do” this year and then sit back and enjoy.

P.S. Another thing, how bout a name the bucket contest? I will personally take the winner to dinner High Tides to All,
CDR Ed Metivier



Ed we found the bucket !



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JANUARY 2004

No 479

The foghorn

Newsletter of the
**MID-HUDSON POWER
SQUADRON**
A UNIT OF THE
UNITED STATES
POWER SQUADRONS ©

THE JANUARY MEETING

MHPS Members and Guests:

Please accept this invitation to attend the Annual Mid-Hudson Power Squadron Show and Tell Meeting. The meeting will be held at Gloria’s (Cdr. Ed’s special friend) building in Poughkeepsie. The Ascitutto Building
2 Lagrange Avenue at the corner of Raymond Avenue
Room 209
Poughkeepsie, NY 12603

21 January 2004 starting at 1830.

Pizza, and beverage (beer, wine and soda) provided by the Mid-Hudson Power Squadron. This will be "show and tell " night. Bring your CD's videos or other visual aids.

P/C JC Kwak will try to inflate the 8 man life raft from Dutchess, it is at least 20 years old. Bets will be taken on whether she opens up or not. The contents may be interesting.

Cost to members ZERO.

Our thanks to Gloria Ascitutto and Ed for the use of her facility.

See you all there.....and bring a guest.

George Danko
MHPS
Administrative Officer

MidHudson Power Squadron Bridge

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WEB SITE

The Mid Hudson Power Squadron web site is at
www.midhudsonpowersquadron.com

Where you can get all the information about the
Squadron.

Web Master, Dave Rosenthal SN



MHPS Education Program

We have two Boating Courses scheduled. One starting on February 12 in Hyde Park. This is planned to be the normal eight week course.

The second one will be a fast track, three week course, at Certified Marine in Connely starting April 9.

Instructors/Proctors will be needed so please contact Fred Mangelsdorf to give him some much needed help with these classes.

The Engine Maintenance Course is scheduled to start on March 15 at 1900. Bruce LoPresti will be the instructor and the location will be his shop at 64 Dussol Rd, Saugerties. Please contact him at 845-246-9056 to register for this course.

If you have an interest in taking any course please contact me at 845-691-7606 or n2exv@hvi.net.

SEO Dick Winchell SN

Here's a question on radio procedure.
A distress call has been made, things are now under control. What is the signal indicating that you may resume normal radio operation?
Answer can be found else where in this publication.



Figure 1. SEO Dick Winchell SN and his guests Tom Gallagher SN and Tom's daughter Ann Smith at the Holiday Party.

SAFETY CORNER: Rails and Lifelines— Annual Checkups

By Jim Smith, S

All too often we take our rails and lifelines for granted. We see them each time we board the boat but how many times do we really examine these systems? You can use the winter months to perform a complete check of your rails and lifelines and repair or replace before your spring launch.

Rails. Examine all the rails for signs of rust, particularly around weld points. Not all boat manufacturers use high quality stainless and not all welds are perfect. After a full season of pounding up and down the Hudson River, some of the attachment points may work loose. Examine the deck fittings to make sure all the screws are tight and the seals or bedding are in good shape. If the bedding or seal is bad it could eventually lead to fiberglass delamination.

Some folks just give their rails a gentle push to test them. That's not going to show potential failure. If you've bumped into a dock or another boat, it might have compromised the security of your rails.

Lifelines. Plastic coated lifelines may look pretty but they have a dark side. Stainless steel will tend to rust in a non-oxygen-rich environment. You often don't see signs of rust until the plastic coating cracks. Loose strands or "meathooks" are also a sign of problems.

You should also closely examine all hardware, such as pelican hooks and swages. Check the lines at each stanchion for signs of wear and the welds where the lifeline attaches to rails or pulpits.

Many sailboat racing organizations now prefer uncoated lifelines. If you replace your existing lifelines, consider installing high grade rigging wire of at least 1/4" in diameter. You can often get this relatively cheap from a rigging shop. The larger diameter wire is quite strong and surprisingly easy on the hands. If you are

replacing your lifeline system, consider using Norseman/StaLok terminals where needed.

Rails, pulpits, and lifelines are designed to help keep you on the boat. Regular checkups and maintenance help them do their jobs.

BOOK REVIEW: Bubba Whartz Stories by Morgan Stinemetz.

Looking for a short, good and funny winter read? There's a Bubba Whartz in nearly every marina or anchorage. Whether he's pontificating from his perch at the Blue Moon Bar, crashing a yacht club buffet, touting the navigational utility of garage sale radio direction finders, or plotting adventures from his 28' ferro-cement sloop "Right Guard", this fictional Florida liveaboard charts his own course, liberally interpreting life's navigation rules. He's one quirky dude.

You are going to laugh when you read these stories. Perhaps more importantly, you are going to see traces of some of the boating characters you know, right here in the Hudson Valley, revealed in the Whartz personality. The scary part is, sometimes Bubba just might have the right take on boating and life.

Author Morgan Stinemetz created Bubba years ago and actually told the tales on Jimmy Buffett's Radio Margaritaville (an internet radio station). Stinemetz has published articles in Cruising World, Sail, and Southern Boating and has a weekly column in the Sarasota Herald-Tribune. You can order the book from your favorite book chandler or from Pelican Publishing of Gretna, Louisiana.

Reviewed by Jim Smith,

Answer to the SEO's question (seeloncfeenee).

Ship to Shore Recipes

When was the last time you had a Welsh Rarebit ? This is easy to make and can be done at home or on board and can be served for all three daily meals with variations. I like it served on toast.

First make Cream Sauce by using a heavy sauce pan. Combine 2 oz Flour and 2 oz melted Butter to make the roux then add 1 qt Milk to the roux and bring to a slow boil to thicken sauce.

Which makes a cream sauce. Strain sauce through strainer to remove any lumps and back into the sauce pan.

Then add

2.5 lb Sharp Cheddar Cheese Shredded

8 oz Ale or Beer

8 oz Chicken Stock or Milk

Cook slowly until cheese has melted then add

¼ tbls. Paprika

1oz Worcester Shire Sauce

1oz. Mustard Dry

Salt and Season to Taste

Sprinkle with Paprika

and it is done!

To serve 10 people, ladle over toast points, crackers, corn chips etc.

Variations:

Buck or golden buck Rarebit add poached eggs

Yorkshire buck rarebit is welsh rarebit with ham bacon and poached eggs

This is really comfort food to be enjoyed anytime.

Any questions: just ask Tin Can Sailor.

Good luck!!

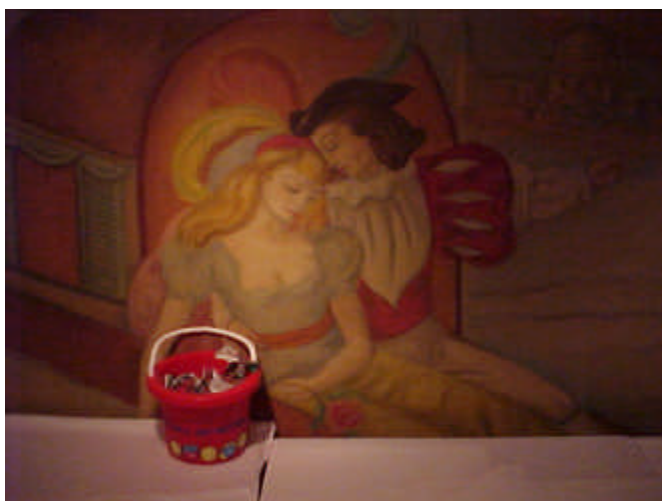


Figure 2. Ed this young couple added some suggestions.

This is Jim Smith's News Release as sent to all newspapers in the area.

For Immediate Release Dec 23, 2003

Event Starts Feb 12, 2004

Suggested Headline:

**USPS BOATING CERTIFICATE COURSE
IN HYDE PARK...STARTING FEB 12**

Award-winning marine educator, Fred Mangelsdorf, will be the lead instructor for the winter 2004 "Better Boating" course offered by the Mid-Hudson Power Squadron (MHPS). This is the "full-version" of the course and certificates are awarded for successful completion.

The certificate is good in New York and other states and may qualify you for a discount on your boat insurance. Successful students can also receive Personal Watercraft (PWC), certification.

The course starts February 12 in Hyde Park, New York. The course meets each Thursday for eight weeks, between 7:00 and 9:00 pm.

Mangelsdorf is a United States Power Squadrons (USPS) winner of the Chapman Award for excellence in boater education. Other Power Squadron instructors bring to the classes their many years of experience in both sail and power boats, large and small.

Class topics include instruction on rules-of-the-road, boat handling, knots, equipment, charts, safety, personal watercraft, US Coast Guard and New York State regulations, and a variety of other useful topics. Course fees of \$53 include a detailed textbook, exam and navigation plotting equipment. Companions register for only \$15. For information or to register, contact Fred Mangelsdorf at 845-227-5230.

After completing the "Boating Course," individuals may join the MHPS and may enroll in- advanced courses in areas ranging from seamanship, sailing, and piloting to engine maintenance and marine electronics. All courses are open to both adults and teenagers and certificates are awarded.

MHPS was chartered in Poughkeepsie in 1926 and celebrates its 78th year of service to the Mid-Hudson boating community. MHPS has received numerous honors from the parent organization, USPS, which has nearly 60,000 members nationwide. For Further Information on These Courses Contact: 845-227-5230 (leave callback message)

Press Contact: Jim Smith @845-255-0160 or email jrsatv@aol.com 12/23/03

HOLIDAY PARTY PHOTOGRAPHS ON THE NEXT TWO PAGES



Figure 3. Old Comrades Welcoming Back Past member Tom Gallagher SN in the middle of the front row.



Figure 6. Mercy and Joe Todaro admiring Tom's work.



Figure 4. Tom Gallagher is known for developing many training aids. This is his sailboat demonstrator.



Figure 7, D/C Susan Darcy and Linda Carhart enjoying the party.



Figure 5. District 2 Treasurer Martin Feldberg and his wife Alexandra



Figure 8, Happy members Jackie ,Stu, Jerry,Karen, etc



Figure 9. Our Elf from District 2 D/C Susan Darcy alongside Cdr Metivier.



Figure 12, Pat Smalley, Ernie Klopping.



Figure 10. Santa Was Busy Giving Out All The Presents.



Figure 13, Cdr. Bob Banks and Catherine and P/C Jody Feinsod all guests from STORM KING POWER SQUADRON



Figure 11, More Happy Members Gloria, Ruth, Dick, Michelle, etc.



Figure 14, P/D/C Wayne Garnsey and his wife Jane along with part of Jim Prattt and his wife Stephanie.